

# Restoration Counseling and Consulting, Inc.

Contents of all therapy sessions are considered to be confidential. Both verbal information and written records about a client cannot be shared with another party without the written consent of the client or the client's legal guardian. Noted exceptions are as follows:

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## **Duty to Warn and Protect**

When a client discloses intentions or a plan to harm another person, therapists are required by law to warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, therapists are also required by law to notify legal authorities and attempt to make reasonable attempts to notify the family of the client. These are efforts intended to keep all involved safe.

## **Abuse of Children and Vulnerable Adults**

If a client states or suggests that he or she is abusing a child (or vulnerable adult), or has recently abused a child (or vulnerable adult), or a child (or vulnerable adult) is in danger of abuse, therapists are required by law to report this information to the appropriate social service agency and/or legal authorities. A child is any person under the age of 18.

## **Prenatal Exposure to Controlled Substances**

Therapists are required by law to report prenatal exposure to alcohol or illegal drug use.

## **Minors/Guardianship**

Parents or legal guardians of non-emancipated minor clients have the right to access verbal information and written records regarding the minor client.

## **Insurance Providers** (when applicable)

Insurance companies and other third-party payers are given information they request regarding services to clients, only for the purpose of verifying necessity and validity of claims.

\*\*Information that may be requested includes, but is not limited to: types of services, dates/times of service, diagnosis, treatment plan description of impairment, progress of therapy, case notes, and summaries.

*I agree to the above limits of confidentiality and understand their meanings and ramifications.*

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Client's Signature

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Date

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Signature of Parent/Guardian if under age of 18

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Witness Signature